

## Dark and Devil-licious Hot Chocolate

1/3 cup Dark Chocolate Coco Powder  
6 cups Fat-Free Skim Milk, divided (1c & 5c)  
1Tbsp Vanilla Extract  
1-14oz. can Fat-Free Sweetened Condensed Milk  
3" Cinnamon Stick  
¼ - ½ tsp Cayenne Pepper, optional  
Mini Marshmallows, as desired

In a 3 quart slow cooker, combine 1 cup milk and cocoa powder mix until completely incorporated. Add remaining milk, vanilla, condensed milk, cinnamon and cayenne pepper. Cook on low 4-8 hours, discard cinnamon stick at 4 hours, stir before serving. Ladle 1 cup hot chocolate, garnish with marshmallows if desired.

Estimate 8 – 1 cup servings.

